

**1996 SECTION 4AA  
TRACK AND FIELD RESULTS  
GIRLS**

## GIRLS 1996 SECTION 4AA FINAL RESULTS

### 3200 METER RUN

NAME	SCHOOL	TIME
1. Paula Elstrom - 12	NSP	11:16.39
2. Beth Rautmann - 9	WBL	11:22.77
3. Victoria Moses - 10	I	11:28.43
4. Gayle Nugent - 12	MV	11:37.34
5. Alison Mumbleau - 9	WBL	11:49.98
6. Taunya Behun - 12	B	11:59.18
7. Emily Ashbrook - 11	MV	11:59.78
8. Adrian Christoffersen - 9	S	11:59.84

### 3200 METER RELAY

SCHOOL	TIME
1. Coon Rapids	9:48.98
2. Irondale	9:56.43
3. Blaine	10:01.56
4. Stillwater	10:07.24
5. Centennial	10:18.93
6. Moundsview	10:21.38
7. White Bear Lake	10:23.15
8. North St. Paul	10:30.21

### 100 METER HURDLES

NAME	SCHOOL	TIME
1. Kate Bestul - 11	CR	14.98
2. Marcie Augst - 12	A	15.48
3. Julie Taylor - 12	MV	15.49 (STD)
4. Chere Fuchs - 12	A	15.77 (STD)
5. Molly Miller - 9	S	15.79 (STD)
6. Shauna Coons - 10	CR	15.84 (STD)
7. Liz Hajek - 10	S	16.03
8. Jill Catrysse - 10	I	16.61

### 100 METER DASH

NAME	SCHOOL	TIME
1. Erica Stone - 12	CR	12.87
2. Alena Martens - 10	S	12.99
3. Sarah Ponthan - 10	I	13.18
4. Jackie Lien - 11	T	13.24
5. Kelly Salava - 11	NSP	13.37
6. Shiah Damayanovich - 10	A	13.42
7. Jill Podgorski - 8	MV	13.59
8. Betsy Cherry - 9	T	13.69

## GIRLS 1996 REGION 4AA FINAL RESULTS

### 800 METER RELAY

SCHOOL	TIME
1. Coon Rapids	1:46.80
2. Centennial	1:48.76
3. Stillwater	1:49.61
4. White Bear Lake	1:50.41
5. Irondale	1:50.97
6. Anoka	1:51.41
7. Moundsview	1:51.10
8. Tartan	1:52.56

### 1600 METER RUN

NAME	SCHOOL	TIME
1. Amy Maciasek - 11	MV	5:16.25
2. Beth Rautmann - 9	WBL	5:17.68
3. Paula Elstrom - 12	NSP	5:17.80
4. Jacki Skjegstad - 12	WBL	5:25.38
5. Anne Ceronsky - 10	MV	5:25.54
6. Allison Mumbleau - 9	WBL	5:26.63
7. Emily Ashbrook - 11	MV	5:30.22
8. Emily Charlesworth - 11	CR	5:30.67

### 400 METER RELAY

SCHOOL	TIME
1. Anoka	50.85
2. Stillwater	50.88
3. Mounds View	50.92
4. Tartan	51.92
5. Blaine	52.14
6. Champlin Park	52.46
7. Coon Rapids	52.91
8. Irondale	52.93

### 400 METER DASH

NAME	SCHOOL	TIME
1. Diana Hassell - 12	A	59.04
2. Jena Kluegel - 10	M	60.17
3. Nikki Vaughan - 12	NSP	61.04
4. Errin Dose - 11	WBL	61.66
5. Suzie Novak - 10	MV	62.19
6. Lauren Jaeschke - 11	C	62.57
7. Erica Olsen - 11	I	64.01
8. Jessica Zortman - 10	NSP	64.21

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### 300 METER HURDLES

NAME	SCHOOL	TIME
1. Katie Bestul - 11	CR	45.58
2. Chere Fuchs - 12	A	46.43
3. Carrie Stuart - 10	B	47.21
4. Alana Whitcher - 12	MV	47.51
5. Molly Miller - 9	S	47.81
6. Shauna Coons - 10	CR	47.99
7. Katie McGinn - 10	S	48.34
8. Kelly Salava - 11	NSP	49.20

### 800 METER RUN

NAME	SCHOOL	TIME
1. Jenny Moylan - 10	I	2:23.52
2. Christine Harper - 10	WBL	2:23.68
3. Joey Kimball - 12	S	2:24.62
4. Laura Charlesworth - 9	CR	2:25.28
5. Jacki Danforth - 11	MV	2:25.58
6. Jacki Skjegstad - 12	WBL	2:27.49
7. Renee Mallory - 10	M	2:27.82
8. Gina Schumann - 11	S	2:28.67

### 200 METER DASH

NAME	SCHOOL	TIME
1. Diana Hassell - 12	A	26.2
2. Alena Martens - 10	S	26.5
3. Errin Dose - 11	WBL	26.6
4. Erica Stone - 12	CR	26.9
5. Gretchen Cooper - 10	CR	27.3
6. Jacki Lien - 11	T	27.4
7. Molly Petrie - 12	MV	27.5
8. Mindy Schroeder - 11	S	27.5

(hand held times)

### 1600 METER RELAY

SCHOOL	TIME
1. Anoka	4:06.78
2. Mounds View	4:08.86
3. Mahtomedi	4:15.32
4. Irondale	4:15.49
5. Stillwater	4:16.76
6. Blaine	4:20.24
7. Coon Rapids	4:21.72
8. White Bear Lake	4:22.13

## GIRLS 1996 REGION 4AA FINAL RESULTS

### DISCUS

NAME	SCHOOL	DISTANCE
1. Marie Mokosso - 10	MV	115' 6"
2. Trisha Curtis - 11	CR	115' 4"
3. Amy Buran - 11	B	111' 4"
4. Julie Meyer - 12	CR	102' 3"
5. Laurie Phillips - 12	C	101' 7"
6. Beth Freitag - 11	CR	101' 3"
7. Quita Paye - 12	MV	100' 11"
8. Adrianne Garcia - 10	T	100' 8"

### LONG JUMP

NAME	SCHOOL	DISTANCE
1. Becki Renner - 10	A	16' 4 1/2"
2. Andrea Hannon - 11	CR	16' 3 3/4"
3. Holly Cooper - 12	CR	16' 2 1/2"
4. Alena Martens - 10	S	16' 1"
5. Kim Curtis - 9	CR	16' 3/4"
6. Jackie Lien - 11	T	15' 10 1/2"
7. Marie Augst - 12	A	15' 9"
8. Theresa Niewolny - 9	WBL	15' 8"

### SHOT PUT

NAME	SCHOOL	DISTANCE
1. Trisha Curtis - 11	CR	38' 3 1/2"
2. Jessise Stomski - 10	T	37' 9 1/2"
3. Quin Paye - 12	MV	36' 6 1/2"
4. Katy Steffens - 9	A	36' 5 1/4"
5. Marissa Costigan - 12	WBL	35' 8"
6. Amiee Muir - 12	CR	35' 6 1/4"
7. Marie Mokosso - 10	MV	34' 1/4"
8. Liz Hoffman - 10	I	33' 11"

### HIGH JUMP

NAME	SCHOOL	HEIGHT
1. Kara Van Ranst - 12	T	5' 4"
2. Katie Arnes - 11	CR	5' 2"
3. Beth Gipsky - 12	CR	5' 0"
4. Katie McGinn - 10	S	5' 0"
5. Jill Catrysse - 10	I	4' 10"
6. Sarah Nassauer - 11	MV	4' 10"
7. Lori Peckels - 12	C	4' 10"
8. Megan Estreen - 12	S	4' 10"

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### TRIPLE JUMP

NAME	SCHOOL	DISTANCE
1. Jacki Lien - 11	T	35' 6"
2. Amanda Koski - 10	A	34' 2 1/2"
3. Linnea Engel - 8	MV	34' 2 1/2"
4. Sara Johnson - 10	S	33' 11"
5. Tan Do - 11	MV	33' 9 1/2"
6. Holly Cooper - 12	CR	33' 7 3/4"
7. Julie Taylor - 12	MV	33' 4"
8. Andrea Hannan - 11	CR	33' 2 1/2"

### 1996 REGION 4AA TEAM RESULTS

SCHOOL	POINTS
1. COON RAPIDS	140
2. MOUNDS VIEW	100
3. ANOKA	92
4. STILLWATER	76
5. WHITE BEAR LAKE	63
6. IRONDALE	48
7. TARTAN	47
8. NORTH ST. PAUL	29
9. BLAINE	28
10. CENTENNIAL	21
11. MAHTOMEDI	16
12. CHAMPLIN PARK	3
13. HILL-MURRAY	0
14. SLP/SA	0